



Republic of the Philippines
Department of Education

REGION IV- A CALABARZON
CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

10 February 2026

DIVISION MEMORANDUM
No. **094** s. 2026

ARAL SERIES: SOCIAL-EMOTIONAL LEARNING FOR REMEDIATION

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Heads, Public Elementary and Secondary Schools
Heads, Unit/Section
All Others Concerned

1. This Office, in reference to **Regional Memorandum No. 83, s. 2026**, disseminates the details on the conduct of the **ARAL Series: Master Class on Social-Emotional Learning for Remediation**, to be conducted by **Gokongwei Brothers Foundation (GBF)** on **February 14, 21, and 28, 2026** at **8:00 a.m.** via **Microsoft Teams**.
2. Target Participants are Key Stage 1 ARAL teachers and tutors. Registration and pre-test can be accomplished via bit.ly/m/gbfstemcollabcommunity. The LAC and other downloadable materials can also be accessed from the same link.
3. Participants can earn up to **15 Continuing Professional Development (CPD) units**, subject to registration with correct information, attendance in all three sessions, and submission of required outputs.
4. Attached are the details and additional information about the invitation.
5. Immediate dissemination of this Memorandum is desired.


CELEDONIO B. BALDERAS JR.
Schools Division Superintendent *60*

Encl.: As stated

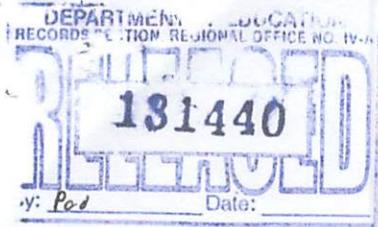
Reference: RM No. 83, s. 2026
To be indicated in the Perpetual Index
under the following subjects:

SOCIAL-EMOTIONAL LEARNING

CID - aral series: social-emotional learning for remediation
CIDS96KC-002645/February 10, 2026



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Republic of the Philippines
Department of Education
REGION IV-A CALABARZON

02 February 2026

Regional Memorandum
No. 83 s. 2026

ARAL SERIES: SOCIAL-EMOTIONAL LEARNING FOR REMEDIATION

To: Schools Division Superintendents

1. This Office, through the Human Resource Development Division-National Educators Academy of the Philippines in the Region (HRDD-NEAPR) and the Curriculum and Learning Management Division (CLMD), disseminates the details on the conduct of the **ARAL Series: Master Class on Social-Emotional Learning for Remediation**, to be conducted by **Gokongwei Brothers Foundation (GBF)** on **February 14, 21, and 28, 2026**, at **8:00 a.m.** via **Microsoft Teams**.
2. Target Participants are Key Stage 1 ARAL teachers and tutors. Registration and Pre-test can be accomplished via bit.ly/m/gbfstemcollabcommunity. The LAC and other downloadable materials can also be accessed from the same link.
3. Participants can earn up to **15 Continuing Professional Development (CPD) units**, subject to registration with correct information, attendance in all 3 sessions, and submission of required outputs.
4. For questions or queries, please send a message to the **GBF STEM Collab Bestie** Facebook Page: m.me/stemcollabbestie.
5. Immediate dissemination of this Memorandum to all concerned is instructed.


ATTY. ALBERTO T. ESCOBARTE, CESO II
Regional Director

06/ROH3/ROH1



Annex A: Official Poster



National
Educators
Academy of the
Philippines



ChildFund
Philippines

SEAMEO
INNOTECH



**ARAL Series: Master Class on
SOCIAL-EMOTIONAL
LEARNING
for REMEDIATION**

FREE WEBINAR with CPD Units via MS Teams
February 14, 21, 28, 2026 | 8:00AM



PPST ALIGNED 1, 2, 3, 6, 7



FREE MATERIALS



CERTIFICATES OF
PARTICIPATION

February 14, 2026

Strategic SEL: Integrating the ExSELLENt Framework for Effective Remediation
Teacher SEL and Well-Being: Leading with Emotional Readiness in Remediation

February 21, 2026

Classroom SEL: Building Positive Relationships for Remediation
Inclusive Classrooms: Designing Safe and Supportive Remedial Environments

February 28, 2026

Schoolwide SEL: Implementing Policies and Programs to Support Remediation
School & Community SEL: Extending Support for Holistic Learner Recovery



- for first 80K LPTs who:
- registered w/ correct info
- attended all 3 sessions
- submitted all valid outputs

GET UPDATES!

bit.ly/m/gbfstemcollabcommunity



PRC Accreditation no. PTR-2020-046-12024

Annex B: Training Matrix and Program Flow – February 14, 2026

February 14, 2026 Strategic SEL: Integrating the ExSELLENt Framework for Effective Remediation Session Objectives:

- Explain the ExSELLENt Framework and gain an overview of its competency domains and general competencies.
- Examine how the ExSELLENt Framework supports and strengthens remediation.
- Reflect on how the ExSELLENt Framework may be applied to respond to learner needs and guide learner behavior.

February 14, 2026 Teacher SEL and Well-Being: Leading with Emotional Readiness in Remediation

- Explain how SEL relates to teacher well-being and emotional readiness in remediation work.
- Examine research-based strategies that support teachers' SEL and strengthen instructional practice for learners needing remediation.
- Reflect on personal SEL strengths and growth areas to better manage the demands of remediation.

TIME START	TIME END	DURATION	ACTIVITY
8:00 AM	9:00 AM	60 minutes	Registration and Pretest
9:00 AM	9:15 AM	15 minutes	Opening Program Teacher Engagement: STEMulator
9:15 AM	10:15 AM	60 minutes	Topic 1: Integrating the ExSELLENt Framework for Effective Remediation
10:15 AM	10:30 AM	15 minutes	Q&A
10:30 AM	11:30 AM	60 minutes	Topic 2: Teacher SEL and Well-Being: Leading with Emotional Readiness in Remediation
11:30 AM	11:45 AM	15 minutes	Q&A
11:45 AM	12:00 PM	15 minutes	Breakout Session Workshop Instructions and Post Test Guidelines
12:00 PM	1:00 PM	60 minutes	Lunch Break
1:00 PM	5:00 PM	240 minutes	Self-paced Workshop Post Test and Output Completion

Day 1 Total Number of Learning Hours: 8 hours

Annex C: Training Matrix and Program Flow – February 21, 2026
February 21, 2026 Classroom SEL: Building Positive Relationships for Remediation Session Objectives:

- Explain the importance of positive teacher–learner relationships in learning and remediation.
- Describe research-based SEL strategies that promote connection, trust, and engagement among learners, particularly those needing remediation.
- Reflect on current relationship-building behaviors and identify opportunities to strengthen respectful, learner-centered interactions.

February 21, 2026 Inclusive Classrooms: Designing Safe and Supportive Remedial Environments Session Objectives:

- Explain how safe, inclusive classroom environments support the well-being and engagement of learners needing remediation.
- Describe research-based SEL strategies that strengthen the social and emotional skills of learners who require remediation.
- Reflect on their current classroom climate and identify ways to manage learning experiences and integrate SEL competencies to better support learners in remediation.

TIME START	TIME END	DURATION	ACTIVITY
8:00 AM	9:00 AM	60 minutes	Registration and Pretest
9:00 AM	9:15 AM	15 minutes	Opening Program Teacher Engagement: STEMulator
9:15 AM	10:15 AM	60 minutes	Topic 1: Classroom SEL: Building Positive Relationships for Remediation
10:15 AM	10:30 AM	15 minutes	Q&A
10:30 AM	11:30 AM	60 minutes	Topic 2: Inclusive Classrooms: Designing Safe and Supportive Remedial Environments
11:30 AM	11:45 AM	15 minutes	Q&A
11:45 AM	12:00 PM	15 minutes	Breakout Session Workshop Instructions and Post Test Guidelines
12:00 PM	1:00 PM	60 minutes	Lunch Break
1:00 PM	5:00 PM	240 minutes	Self-paced Workshop Post Test and Output Completion

Day 2 Total Number of Learning Hours: 8 hours



Annex D: Training Matrix and Program Flow – February 28, 2026

February 28, 2026 Schoolwide SEL: Implementing Policies and Programs to Support Remediation

Session Objectives:

- Explain the role of SEL in schoolwide systems, policies, and remediation programs.
- Examine research-based approaches for designing policies and programs that promote safe, and learner-centered school climate that supports academic remediation.
- Reflect on existing school structures and identify actionable steps to strengthen SEL more deeply into schoolwide remediation efforts.

February 28, 2026 School & Community SEL: Extending Support for Holistic Learner Recovery

Session Objectives:

- Explain how SEL supports remediation efforts when extended beyond the classroom into school-wide and community settings.
- Examine SEL strategies that strengthen collaboration among teachers, families, and community partners to share responsibility for learners needing remediation.
- Reflect on current school and community practices and identify opportunities to build stronger, collective support for learner growth and academic recovery.

TIME START	TIME END	DURATION	ACTIVITY
8:00 AM	9:00 AM	60 minutes	Registration and Pretest
9:00 AM	9:15 AM	15 minutes	Opening Program Teacher Engagement: STEMulator
9:15 AM	10:15 AM	60 minutes	Topic 1: Schoolwide SEL: Implementing Policies and Programs to Support Remediation
10:15 AM	10:30 AM	15 minutes	Q&A
10:30 AM	11:30 AM	60 minutes	Topic 2: School & Community SEL: Extending Support for Holistic Learner Recovery
11:30 AM	11:45 AM	15 minutes	Q&A
11:45 AM	12:00 PM	15 minutes	Breakout Session Workshop Instructions and Post Test Guidelines
12:00 PM	1:00 PM	60 minutes	Lunch Break
1:00 PM	5:00 PM	240 minutes	Self-paced Workshop Post Test and Output Completion

Day 3 Total Number of Learning Hours: 8 hours

Overall Total Number of Learning Hours: 24 hours